



# SAILING INSTRUCTIONS

## ALERION INDIAN HARBOR RACE

August 13, 2025

### ORGANIZING AUTHORITY (OA)

Nantucket Race Week, L.L.C.

Regatta website [www.nantucketraceweek.org](http://www.nantucketraceweek.org)

### HOSTS

The Nantucket Yacht Club (NYC), Great Harbor Yacht Club (GHYC), Nantucket Community Sailing (NCS), the Nantucket Race Week Committee (NRW) and the Nantucket IOD Fleet Association (NIODFA).

### THANK YOU TO OUR SPONSORS!



## **1. RULES**

- 1.1. The Race will be governed by the *rules* as defined by *The Racing Rules of Sailing* (RRS).
- 1.2. US Sailing Prescriptions will apply.
- 1.3. RRS 60.4(a)(2) is changed as follows: “(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or”.
- 1.4. *Appendix V1*, PENALTY AT THE TIME OF AN INCIDENT will apply.
- 1.5. *Appendix T*, ARBITRATION will be available.
- 1.6. The notation “[DP]” in a rule in these Sailing Instructions means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. (See RRS 64.)

## **2. CHANGES TO THE SAILING INSTRUCTIONS**

- 2.1. Any changes to the Sailing Instructions will be posted within 15 minutes after the termination of the competitors meeting.
- 2.2. Changes to the Sailing Instructions may be made on the water by notification to all boats from the Race Committee by radio, as provided for in SI 3.2, below.

## **3. COMMUNICATION WITH COMPETITORS**

- 3.1. The Official Notice Board is online at [www.nantucketraceweek.org](http://www.nantucketraceweek.org).
- 3.2. On the water, the Race Committee intends to monitor and communicate with competitors on VHF channel 73. Frequency congestion may require the designation of an alternate channel, which information will be communicated to all competitors.

## **4. SIGNALS MADE ASHORE**

- 4.1. Signals made ashore will be displayed from the flagpole at the NYC.
- 4.2. When flag AP is displayed ashore, ‘1 minute’ is changed to ‘a time to be determined by the Race Committee’ in Race Signal AP.

## **5. SCHEDULE**


- 5.1. The competitors meeting will be on Wednesday, August 13 at 1000 in the NYC Ballroom.
- 5.2. The time of the warning signal of the Alerion sequence will be determined by the location of the starting area and announced at the competitors meeting. For guidance, if the starting area is located:
  - In the vicinity of First Point, the warning signal will be at 1130,
  - In the vicinity of Third Point, the warning signal will be at 1200, or
  - In the area of the Head of the Harbor, the warning signal will be at 1230.
- 5.3. The warning signal for the Indian Fleet will follow the Alerion’s warning signal by approximately ten minutes.

## **6. CLASS FLAG**

The class flags as illustrated in SI6 of the NYC 2025 One Design Sailing Instructions shall be used to indicate which class will be next in the starting sequence.

## **7. WIND POLICY**

- 7.1. Prior to the start, the Alerion Advisory Committee will govern decisions relating to the Wind Policy for the Alerion Class, and that policy shall apply.

- 7.2. Unless a reef has been required to be inserted before the start of the race, if winds exceed a sustained 18 knots, racing in progress will be abandoned.
- 7.3. Racing in progress will be abandoned if gusts exceed 24 knots,.
- 7.4. The race will not start unless wind is sustained at 5 knots.
- 7.5. If the wind sustains at 16 knots, the PRO will display Code Flag "Y" , and RRS40.1(a) shall apply requiring competitors to wear personal flotation devices.
- 7.6. When the "Y" flag is in effect, the Scoring Penalty of RRS 44.3 will replace all turns penalties.

## **8. ALERION REEFING:**

- 8.1. When the Alerion Advisory Committee determines in its view that the wind will exceed 16 knots on a regular basis during the Race, all participating Alerion boats shall insert a reef before they enter the starting area
- 8.2. For clarity, this determination relates not only to an average wind strength in effect at the competitors meeting, but also to a forecast wind strength for a sustained period of time during the Race
- 8.3. If a reef is inserted per SI8.1, it will be maintained for the duration of the Race.
- 8.4. If a reef is not required to be inserted prior to the commencement of the Race, and SI7.2 or SI7.3 do not apply, the Race will be sailed without a requirement to reef.

## **9. RACING AREAS**

The Race will be sailing in Nantucket Harbor, including the area at the approach to the Harbor.

## **10. COURSES**

- 10.1. The course to be sailed will be distributed at the competitors meeting.
- 10.2. Sample courses for a south west and north east wind direction are shown in Addendum B.

## **11. MARKS**

11.1. The marks are described in the following table and in Addendum A.

Mark	Description
A	Red nun "2A" between First and Second Points
B	Red nun "2B" between First and Second Points
C	Green Can "13", off Brant Point
D	Red nun "2" near the entrance to Polpis Harbor Channel
E	Red nun "2" off First Point
F	Red nun "6" off Third Point
K	Red channel buoy "4"
M	Red nun "4" off Second Point
O	Orange inflatable drop mark
P	Red nun "8" off Pocomo
X	Red & White Bell Buoy outside harbor entrance
9	Green Buoy at the entrance to the channel to the Head of the Harbor off of Pocomo Point
10A	Red nun at the end of the channel to the Head of the Harbor
TT	A tetrahedron off Wauwinet (Topppers Tet)
CT	A tetrahedron at the entrance to Coskata Pond, NE end of Head of the Harbor (Coscata Tet)

11.2. The starting and finishing marks will be inflatable balls and the signal vessel

## **12. OBSTRUCTIONS:**

- 12.1. The area delineated by the boundaries of the Oyster Farms in the Head of the Harbor is designated a *Continuing Obstruction*, as defined in the Racing Rules of Sailing. Boats are prohibited from crossing the boundaries and the area of the Oyster Farms, and RRS19 will apply with respect to them. Unless compelled to by another boat in violation of RRS19, boats crossing the boundary will be disqualified without a hearing. This changes RRS 60.5(a).
- 12.2. The "Cut" in the East Jetties is closed to Alerions.

## **13. THE START**

- 13.1. The location of the starting area will be announced at the competitors meeting.
- 13.2. The Race Committee signal vessel will display an orange line flag approximately five minutes before the warning signal for each race.
- 13.3. Five short sound signals will be made approximately ten seconds before the warning signal.
- 13.4. The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port end starting mark.
- 13.5. A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes RRS A5.
- 13.6. If any part of a boat's hull is on the course side of the starting line the race committee will attempt to hail, over VHF, the sail numbers of those boats after the starting signal. The failure to hail her number, failure to hear such a hail, and the order and timing of such hails, will not be considered an improper action or omission by the race committee under RRS 61.4(b)(1).

## **14. THE FINISH**

The finishing line will be between a staff displaying a blue flag on a race committee vessel and the course side of the finishing mark.

## **15. TIME LIMIT**

- 15.1. The time limit for the first boat to sail the course and finish will be four hours and thirty minutes (4 ½ hours).
- 15.2. Boats still racing more than 30 minutes after the first boat finishes will record their place and position and that shall be their place for the race. This changes RRS 35 and A5.

## **16. PROTESTS AND REDRESS**

- 16.1. Hearing request forms will be available at the Protest Desk outside the NYC Sail Room.
- 16.2. Protests or requests for redress shall be delivered to the Protest Desk within 60 minutes after the race committee finish vessel personnel come ashore. The time will be posted on the Official Notice Board.
- 16.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 16.4. Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 60.2(a)(2).
- 16.5. As a courtesy to competitors, protest time limits and notices in SI 15.3 and SI 15.4 may also be posted on a courtesy notice board at Nantucket Yacht Club, but it shall not be the Official



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Notice Board as described in SI 3.1.

- 16.6. Arbitration meetings will be held prior to a protest hearing for incidents involving rules of Part 2 or RRS 31.
- 16.7. Hearings will be held as soon as possible.

**17. SAFETY**

- 17.1. All boats shall check-in with the race committee before the start of the first race by sailing past the signal vessel on starboard tack, or over VHF, and hailing their sail number and receiving confirmation from the race committee.
- 17.2. A boat that retires from the racing area shall notify the race committee as soon as possible.



## Addendum B – Sample Courses

### South West Wind Direction

Mark	Rounding	Notes
Start		Near “E” to “M”
C	Starboard	
K	Port	
C	Port	
9	Starboard	Sandbars off 2nd point and Five Finger Point
10A	Port	
TI	Port	
CT	Port	
10A	Starboard	
9	Port	
Finish		Near “E”

### North East Wind Direction

Mark	Rounding	Notes
Start		Near “E”
B	Port	
C	Starboard	
K	Port	
C	Port	
9	Starboard	Sandbars off 2nd point and Five Finger Point
10A	Port	
CT	Starboard	
TI	Starboard	
10A	Starboard	
9	Port	
Finish		Near “E”