



# The Regatta Report

## September 5, 2012

### 420 Race Team

**Pete Hazelett, Head 420 Race Coach**

#### **Duxbury Bay Maritime School Junior Regatta: July 21- 22**

After a quick stopover at Sturgis Boatworks for some new sailing gloves, the NCS race team was en route to Duxbury Bay Maritime School for their annual 420 junior regatta. We arrived with plenty of time to set up our boats to alleviate stress for the next morning. Richard Oates had spent some time in the area and claimed that after we were finished putting up the rigs we had to go to Duxbury Pizza for dinner because it was "the best." So we did, and it was. The small calzones were bigger than our heads. We all agreed that portions off-island are fifty percent bigger and half the cost. After stuffing our faces with some delicious Italian food, I dropped the kids off at their housing, which was provided by DBMS.



Group shot (L to R: James Roggeveen, Head Coach Pete Hazelett, Richard Oates, Sabrina Kyburg and Lisa Genthner.) Photo courtesy of Pete Hazelett.

The skippers' meeting was at 10am on Saturday morning. We tuned the rigs for the wind conditions that day, and suited up in our game day attire. As soon as Chris Lash, the PRO for the event, decided that the tide was high enough for a safe launch, he sounded the horn denoting the harbor start. The courses ranged between windward-leewards, port triangles, and a combination of the two: the Olympic course. Chris sought to get as many races off that day as he could. Sabrina Kyburg and Richard Oates fared well in the light conditions, finishing top ten in almost every race out of the seven completed. James Roggeveen and Lisa Genthner had a tough time getting off the starting line in clean air, and spent a large portion of each race grinding back through the fleet. It was not without avail, James and Lisa still managed to finish 7th overall for the day. Sabrina and Richard were also in high spirits, finishing 4th place overall for the day. DBMS put on a BBQ for the kids after the racing was over, allowing for some much needed decompression.



James and Lisa finishing first. Photo courtesy of Pete Hazelett.

Due to the threatening low tide, the harbor start sounded at 11am on Sunday morning. PRO Chris's plan was to run some longer courses since the wind had decided to bless the bay with a pleasant 12kts. The NCS team was in the water first, allowing them to get in the groove, and adjust their boat controls before the first gun. James and Lisa won the pin on the first start, leading the rest of the fleet around the course all the way to the finish. They were so excited that their favorite sailing conditions had finally arrived. Lisa and James proceeded to finish 1,1,10,1,2 on the day.



Sabrina and Richard finishing second. Photo courtesy of Pete Hazelett.

Showing the fleet and themselves what they were truly capable of, Richard and Sabrina had almost flip-flopped roles with James and Lisa, having a tough time getting off the line with a clear lane, and spending much of each race grinding back the pack. Additionally, spinnaker trouble and sail control issues kept Richard and Sabrina preoccupied during a few races that day. Regardless, both teams performed exceptionally well throughout the weekend. Sabrina and Richard finished 7th out of 25 boats. James and Lisa finished 3rd; overall, it was a very successful weekend for NCS. Both teams sailed with focus and determination throughout the event, displaying to themselves that hard work and persistence during practice really do pay off. Congratulations to Lisa, Richard, Sabrina and James.



Sabrina and Richard rounding in first. Photo courtesy of Pete Hazelett.

### **CJ Buckley Team Race Regatta: July 30 – August 1**

"Learn by doing." This was the motto for team NCS at the CJ Buckley Regatta this year. Seeing as it was the first summer team race regatta that James Roggeveen, Whitney Ziesing, Chloe Plank, Richard Oates, Matias Sejersen and NYC sailor Grace Harrington had ever been to, I stressed how it would be a learning experience. The CJ Buckley Regatta, put on by East Greenwich Yacht Club and Greenwich Bay Sailing Association, is held to celebrate the life of CJ Buckley who lost a tough battle to a brain tumor at the age of 16. This was the 10th anniversary of the regatta, which now doubles as the US Junior Team Racing Nationals. This year there were 36 teams, 108 boats and over 216 sailors. It was, as it always is, a very well-run event.

After setting up the boats the night before, the team took a nice leisurely morning on the first day of racing. After the skippers' meeting took place, we had a quick meeting that stressed the purpose of the regatta for us and then headed out to our racing circle for the first round robin that would seed all the sailors in their appropriate divisions for the remainder of the event. We faced a variety of differently skilled teams, put up a strong fight, but ultimately ended up 1-4 on the round. So after the seeding, we were placed in division 5 out of 6. Justin Assad, the PRO, was determined to finish the second round robin that day. We raced until 7pm, a

very long day for everyone. NCS sailed well in the next round, finishing 2-3 on the round. This finish was good enough to keep us in the middle of the 5th division, which was an accomplishment for us, given that we had only started talking about team racing a week prior. After gorging down a delicious pasta dinner that the volunteers provided for everyone, we retired back to the hotel to shower, watch the Olympics, and go to sleep.



From L to R: Chloe Plank, Whitney Ziesing, Grace Harrington, James Roggeveen, Matias Sejersen, Head Coach Pete Hazelett and Richard Oates.

We were greeted by a nice breeze when we arrived at the venue on Tuesday morning. We rigged and attended a short skippers' meeting before heading out for the day. Our goal, similar to the first day, was to focus on recognizing our team's combination quickly, and knowing the play. I was less concerned about whether or not we converted, as long as we knew what the play needed to be. Justin Assad managed to get one round robin done, and two of the five races from the fourth round robin before weather began to move in. We saw the light at the end of the tunnel in many races, where we had a winning combination but failed to either keep the combo, or convert to a more stable one. There were at least two races that we had in the bag, but poor communication and failed mark traps caused them to fall from our grasp. The breeze was also quite strong on Tuesday, causing it to be very difficult to regain any ground if we had a bad start and were chasing a 1,2 off the line. NCS finished the third round with a 1-4, and went 1-1 on the two initial races of the fourth round. After racing that day, everyone was dying for a hot shower. We jumped in the van and high-tailed it to the hotel.

After a nice decompression, we decided on Chipotle for dinner. We surrounded ourselves with copious amounts Mexican food, especially the boys. Accompanied by a pleasant food coma we retired for the night.

The final day arrived and we geared up for the last few races. The breeze was pretty light in the morning, but luckily built slightly by 11am. PRO Justin polished off the last three races of the fourth round robin. NCS sailed well, finishing 2-1. Unfortunately, we lost a protest in a race that we had won regarding a simple overlap situation. Chloe and Richard were certain that they entered the circle clear ahead of their opponent, but failed to slide back to the stern to make a hand gesture that clearly displayed that there was in fact no overlap. So, after the protest hearing our final record on the round was 2-3. This put us in the middle of the 6th division. It was a satisfying day to end on, knowing that we had sailed well, and definitely improved since Monday. This was a great regatta for us. We knew that three hard days of team racing in such a competitive fleet was an invaluable experience that is not obtainable on the island. The NCS team now looks forward to next year's CJ Buckley Regatta, knowing that we will be faster and more knowledgeable. As a team, we are lucky to be able to support such a special regatta and improve as sailors at the same time. Congrats team!

### **Scituate Junior Regatta: August 6 – 7 Eric Schwarm, Assistant 420 Race Coach**

Racing began Monday morning at 1030 in Massachusetts Bay off of Scituate, Mass. The conditions built throughout the day from light to moderate winds, ranging from 5 to 13 knots. James Roggeveen and Lisa Genthner started the regatta off hot, winning the first race. Chloe Plank and Richard Oates improved greatly with each race as they adjusted to the fleet. The race committee was able to get off four races. The NCS boats did very well in relatively unfamiliar conditions against sailors who are well practiced in the conditions. Their sound boat-handling and smart decision-making allowed both NCS boats to position themselves near the top of the seventy boat fleet.

Tuesday was an early morning with racing scheduled to start at 0945. Boats headed out of the

harbor at 0900 and waited for the wind to fill until about 1100. The wind finally filled and the fleet was able to complete one race.



Wind delay. Photo courtesy of Eric Shwarm (and Instagram!)

James Roggeveen and Lisa Genthner held on to finish in second place overall. Chloe Plank and Richard Oates were able to move up from seventh to fifth overall. Amazing performances by each of the sailors!



James and Lisa after winning the first race. Photo Courtesy of Eric Schwarm.



Chloe and Richard in second place downwind. Photo courtesy of Eric Schwarm.

### **Nantucket Race Week 420 Regatta: August 13-14, 2012** **Pete Hazelett, Head 420 Race Coach**

After being blown out on the first day of racing last year, the 420 team was glad to see a pleasant 10 knots forecasted for the event. We met at NYC for the skippers' meeting and then proceeded to head to our Jetties Beach Site and start rigging up for the day. The NCS team comprised of, Olivia Van Den Born and Richard Oates; Chloe Plank and Sabrina Kyburg; James Roggeveen and Indiana Sobol; Whitney Ziesing and Lisa Genthner (all sailing in the Championship Fleet); and Morgan Ravenscroft and Henry Desai; and James Hinson and Molly Warms (both sailing in the Green Fleet).

The NCS Championship teams started off strong with each team finishing first or second at least once within the first three races. Unfortunately, James and Indiana were OCS in the first race, confirming their throw-out for the regatta. As the day went on the breeze continually shifted left. Sailors in both fleets were caught in a dichotomy of reasons for why both sides logically should be favored. On the windward leg the current should have helped sailors get to the windward mark because the breeze was from the southwest and the current was ebbing. Therefore, staying in the channel where the water is deeper and current running stronger seemed like a logical strategy. Adversely, the right side of the course was in the lee of first point,

providing the breeze on the left side of the course to have more velocity while also being in a persistent left phase. After several races, it was clear that the increased velocity and left phase overcame the current advantages seen on the right side of the course. After completing seven races, the PRO Justin Assad, decided to call it a day. So, we headed back to Jetties, de-rigged, and went home to get ready for the BBQ at GHYC.

Day two greeted us with similar sunshine but slightly less wind. After two slow races the wind began to build again, providing for another beautiful day of sailboat racing. The breeze direction was more west than the day before but the strategy still proved to be very similar to the day prior. Whitney and Lisa had a stellar day finishing 5,2,1,1,1,4, moving them up to second place. James and Indiana started off the day discouraged by a couple of bad finishes, but kept their heads high and polished off the day with a 2,2,1. This sneaked them up from fourth to third by only three points. Chloe and Sabrina kept their regatta pretty consistent, but managed to grab three top three finishes both days, including a first in race two and race nine, putting them in fifth place. Olivia and Richard had a solid first day, but slid a little bit in the standings on the second day, with a tough finish in race eleven. They still proved their skills with a first place finish in race two, and a second place finish in race ten, which put them in sixth place out of thirteen. In the Green fleet Morgan and Henry, and James and Molly improved an incredible amount – this being their first regatta. They finished in fifth and sixth places respectively for the event.

Overall, the regatta was a great success! PRO Justin got off thirteen races as opposed to eight the year before. The conditions were perfect and the sailing competitive. I would like to congratulate my sailors for working hard throughout the whole season and immensely improving their sailing skills! See you next year!!

#### NRW Youth 420 Event Results:

##### Green Fleet:

Morgan Ravenscroft/Henry Desai: 5/7  
James Hinson/Molly Warms: 6/7 \*Sportsmanship Award

##### Championship Fleet:

Whitney Ziesing/Lisa Genthner: 2/6  
James Roggeveen/Indiana Sobol: 3/6  
Chloe Plank/Sabrina Kyburg: 5/6\* Sportsmanship Award  
Olivia van den Born/Richard Oates: 6/6

\*\*And congratulations to NCS instructor Bo McClatchy who came in 2<sup>nd</sup> in the NRW Laser (Full) event! This event was sailed on the same course as the 420 event.

## Opti Race Team

### Steve Widdis, Head Opti Race Coach

#### Wianno Opti Regatta: July 25 - 26

Wianno is one of the best-run of the small events on the Cape. PRO Ken Legler (Tufts University Head Sailing Coach) runs an efficient event sticking to procedural rules. As the wind built Ken did a great job keeping the sailors on the water until he felt it was no longer safe; for example, the final two races were very important for our team to understand the athleticism needed for sailing at the top level.



The Wianno team in their new pinnies. From L to R: Head Coach Steve Widdis, Tristram Ravenscroft, Abigail Turner, Lucas Shapiro, Luke Johnson and Assistant Coach Jake Bradt.

Trapezoid courses were sailed, and started according to Rule 26. The line was between the signal boat and the midline boat, and between the midline boat and a pin boat. This allowed the RC to be very good at calling OCS (“On course side” or in other words “over early”) and there was not one general recall.

On the first day, the breeze started at about 12-15 knots from the north; it was great sailing outside the harbor with flat water. Our team did well in the first race. After Race 1, the breeze steadily died and then oscillated through about 20 degrees. Most puffs were righties with lulls being left. A total of five races were sailed on the first day.



Wianno Opti Regatta. Photo courtesy of Steve Widdis.



Lucas Shapiro takes a break between races. Photo courtesy of Steve Widdis.

On the second day, a strong southwesterly greeted us for the 8:30am harbor start. Southwest of Osterville is exposed between the Vineyard and the south end of the Elizabethans. This created large waves and great sailing. The breeze maxed out at about 18 knots, creating exiting racing and several rescues.

### **Hyannis Youth Invitational: August 9 Morgan Russom, Asst. Opti Race Coach**

The breeze was light and the sun was shining as competitors left the beach for a beautiful day of

racing. After patiently awaiting their turn to safely cross the ferry channel, racers began to get a feel for the venue and begin their pre-race preparation. The first horn sounded promptly at 10am as the sailors mentally prepared for the first race.

The first four races were sailed on a windward-leeward course, in about seven knots of breeze. Oscillations were large, slow and predictable with the wind shifting left throughout the day. The line was square for the first two races, with the pin becoming progressively more favored. Current was flooding for the majority of racing, giving sailors a bit of difficulty in the light air.

The final three races were sailed on a triangle course. The wind continued to build to 10 knots, with a slight pause in the racing while the course was shifted left to match the breeze. The pin remained significantly favored during these final starts, with the wind becoming less predictable-placing emphasis on remaining focused and alert during racing. A total of seven races were sailed.



NCS sailors catch their breath between races. Photo courtesy of Morgan Russom.

The sailors greatly enjoyed spending time together, finding joy in staying hydrated and cool with each other between races. The sailors continued to improve as the day progressed, taking away from the regatta the importance of taking each race one leg at a time, developing and executing a plan for

each beat, and maintaining clear air for the entirety of the race.

The day finished with an ice cream trip at Friendly's before returning back to the island with new goals in mind.

Results not yet posted online.

### **Nantucket Race Week Opti Regatta: August 13-14**

**Emily Taylor, Program Director**

The conditions for this year's NRW Opti event couldn't have been more perfect: shining sun and a medium breeze greeted us both days. The two-day event was headquartered in Polpis Harbor, with the boats towing (and sailing) out each morning to the race course in the main harbor.

Day one started off with a skippers' meeting on the beach before the competitors headed out to the floats to rig their boats. The WNW breeze allowed for a large sailing area and long courses. Starting off at 5-7kts and increasing to 10-12kts and continuing to shift left all day, the conditions allowed for multiple races to be completed quickly. The 25 competitors were divided into two fleets: Championship and Green. Each fleet had its own 3-min dinghy start. The championship fleet sailed 6 races; the green fleet sailed 5. T (Port triangle), W (windward/leeward), and O (Olympic) courses were sailed – and lunch was fit in somewhere in between!



A view of the starting line from the RC boat – day one.

Day two was sailed in a beautiful WSW breeze in roughly the same course area just west of Pocomo Point. Similar courses were sailed – the championship fleet sailed seven races and the green fleet sailed five races. All sailors from Nantucket, and a visitor from Sail Newport, sailed incredibly well and exhibited great sportsmanship. Congratulations to all of the competitors.

Nantucket Community Sailing was represented by seven sailors in the Championship fleet (14 boats):

Abigail Turner: 1/14  
Lucas Shapiro: 4/14  
Evan Cabre: 14/14  
Kyle Quattrocchi: 7/14  
Luke Johnson: 8/14  
Thibault Antonietti: 6/14  
Tristram Ravenscroft: 5/14

And four sailors in the Green fleet (9 boats):

Lulu Desai: 7/9  
Jack Parsons: 1/9  
Ben Rudd: 9/9  
Kate Warms: 5/9 \*Sportsmanship Award

### **J/105 Race Team**

#### **'Round the Island Race, Martha's Vineyard: July 28**

**Nick Aswad, Co-Head Keelboat Instructor**

This year the NCS staff and students showed a ton of interest in the annual 'Round the Island race, hosted by Edgartown yacht club. On the sail over to the Vineyard we packed both of our J/105's full of instructors and our Keelboat Blue teen students to give them an opportunity to learn to deliver a boat and sail offshore. Shifty winds and the abundance of shoals made for some tricky sailing and navigation. This was an awesome chance for our keelboat students to show what they have been learning and they did a great job getting us to the Vineyard safely. The crew of students included: Anna Bulajic, Kai Bowker, Henry Desai, Julia Campese, Maxime Corneille, Lydia Silber, Morgan Ravenscroft and Trent Turner.

After delivering the two 105s with us, the students ferried back to Nantucket, leaving the instructors to distance race the next day.

Early Saturday morning the instructors started the 54 mile, clockwise race around Martha's Vineyard. Clio, crewed by Pat Ryan, Eric Schwarm, Jake Bradt, Hannah Johnson, Nicole Quattrocchi, Kyle Gagnon, and Morgan Russom, had a great start and led our division for most of the race. After rounding Gay Head we had an epic spinnaker reach where our speed rarely dropped below 10 knots. Soon after taking down our kites, the breeze got a little funky and Clio got stuck in a nasty hole. The crew aboard Prima (myself, Morgan Fog, Bo McClatchy, Michelle Hernandez, Courtney Crowley, Mollie McGrath, and Gus Gianakos) decided to head closer to land and managed to stay close to the rest of the fleet. The last few legs of the race were an upwind battle through narrow channels and heavy chop. After nine hours of racing we continued to sail hard and both boats finished the race strong. In our division of 10 boats, Prima finished 6th and Clio 7th. The 2012 'Round the Island Race was an outstanding event and we were all proud to represent NCS in such a competitive race!

#### **Nantucket Race Week: August 16-18, 2012**

\*Both CLIO and PRIMA sailed the Race to Nantucket and the two subsequent days of the Sail Nantucket Regatta. Regatta reports from each boat are provided below. Each boat had a crew consisting of both NCS instructors and NCS students from the teen Keelboat Blue class. Co-Head Keelboat Instructor Nick Aswad provided the regatta reports for CLIO, and Co-Head Keelboat instructor Pat Ryan provided the regatta reports for PRIMA.

#### **Race to Nantucket: CLIO, August 16**

Crew: Nick Aswad, Richard Oates, Adam Ceely, Elizabeth Reed, Hugh Savoldelli, James Savoldelli, Kai Johnson

This year's Race to Nantucket began with a downwind start in a light northerly breeze. The wind varied from 4-7 knots for most of the morning, making for some fairly slow downwind spinnaker sailing. The crew aboard Clio got very good at hoists and take-downs, as we could only

use the spinnaker when the breeze was strong enough. Most of the boats remained in very close proximity to one another so there was never a time when first place seemed out of reach. This kept the intensity level high and forced us to keep focused on the race. As the day progressed, the wind slowly died and after about 5 hours of racing, the race committee was forced to abandon the race. It was unfortunate that the race had to end this way, but if nothing else, it was a great warm-up for the next two days of racing.

#### **Race to Nantucket: PRIMA, August 16**

Crew: Patrick Ryan, Peter Hazelett, Morgan Fog, Nicole Quattrocchi, Henry Desai, Indiana Sobol, Morgan Ravenscroft

It was all smiles aboard Nantucket Community Sailing's J/105 PRIMA during Nantucket Race Week. A crew of NCS instructors and keelboat students raced the boat in Thursday's race from Hyannis to Nantucket, as well as Friday and Saturday in the Sail Nantucket Regatta. Thursday's race to Nantucket was a 26 mile race with little or no wind. We were constantly scanning the water for puffs coming down the sound. The day started out in a light ~5 knot northerly that slowly died throughout the day. There was a lot of spinnaker work in the light breeze: lots of sets and douses, and plenty of drifting around the Sound. After we made it half-way across the Sound, the race was shortened for time constraints, then canceled altogether. All in all, the crew worked well together in the frustrating light wind conditions and everyone had fun!

#### **Sail Nantucket Regatta: CLIO, August 17-18, 2012**

Crew: Nick Aswad, Steve Widdis, Hannah Johnson, Michelle Hernandez, Richard Oates, James Roggeveen, Tracy Doherty, Teddy Leinbach, Alex Ulm, James Savoldelli, Indiana Sobol (split between two days)

This year's Sail Nantucket Regatta was a lot different for our two J/105s. Last year we sailed in a division with only three boats and this year there were nine competitive boats in our class. Friday's racing conditions were unreal with 15-20 knots out

of the southwest and not a cloud in the sky. The race committee was able to get four, excellent races off and with our phenomenal crew work, we were able to stay extremely close to the top boats in our class, many of which had paid crew on board. Our hard work could be seen in our scores, which for the day were 5, 5, 5, 4. The conditions on Saturday were not as great, but the race committee was still able to get two races off in a light and shifty, north-easterly breeze. With the big change in wind speed and some new crew members on the boat, we had a lot of adjustments to make in order to remain competitive. I thought that our sailors did a great job with this and we finished off the regatta with a 6, 5. The results were tallied up and we finished 6th in our class, just 2 points out of 4th. I cannot begin to express how impressed I am with how well we sailed; I owe a huge thank you to everyone who came out and made this another successful Race Week!

#### **Sail Nantucket Regatta: PRIMA, August 17-18**

Friday Crew: Patrick Ryan, Jake Bradt, Justin Wayne, Hugh Salvoldelli, Anna Bulajic, Andrew Youngman. Saturday Crew: Patrick Ryan, Jake Bradt, Eric Schwarm, Kai Bowker, Ruby Zolot, Indiana Sobol, Andrew Youngman.

This year, the class breakdown was much different than in previous years, and the class was much bigger than before. There were about eight boats in our division and most rated better than Prima, so we had a tough time keeping up, but had fun doing it and learned a lot while doing so. On the first day, Hugh, Anna, and Andrew all got to skipper one race to round out the day with 3 races total. The wind was constant and lead to some good racing. After a few hang-ups the crew worked together efficiently to make the boat go around the course competitively with the rest of the class.

The second day led to only two more races. Andrew Youngman skippered these races and did so with a professional attitude. The racing was cut short due to a passing thunderstorm and downpour. All in all, the crews had a blast, learned a lot about big boat racing, and improved dramatically throughout the regatta.

**\*\*For NRW Photos, visit the Inquirer and Mirror's Gallery at [ack.net](http://ack.net) - and Karen Ryan Photography at [karenryan.smugmug.com/Sports](http://karenryan.smugmug.com/Sports)**

### **Thank you!**

Congratulations to all of our competitors! NCS was extremely well represented on-island and off this summer.

The 420 race team participated in 5 major off-island events: Cummings Cup Championship, West Dennis Regatta, Duxbury Bay Maritime Regatta, CJ Buckley Regatta, and Scituate Junior Regatta; and 2 on-island events: the GHYC Jobson Cup and Nantucket Race Week.

The Opti race team participated in 6 major off-island events: Stage Harbor Opti Regatta, Stone Horse Opti Regatta, Bass River Opti Regatta, Wianno Opti Regatta, Hyannis Youth Invitational, Optimist New England Championship (Abigail Turner); and 3 on-island events: Coffin Cup, GHYC Jobson Cup and Nantucket Race Week.

The J/105 team competed in 3 major events: 'Round the Island race, Vineyard Cup, and Nantucket Race Week.

What a huge feat it is for our coaches to organize, travel to, coach at and report on these events – so that our students can have the invaluable experience of sailing in new places and different conditions, while representing NCS – and so we can read about it! Thank you coaches!

Lastly, thank you to all of our parents and supporters. Without your support, none of these accomplishments would have been possible. Have a wonderful winter and see you next year!

## **Winter gift ideas:**

Need Christmas or birthday gift ideas for your racer? Great gear options are available for students spending long days on the water in a more competitive setting:

**Life jacket** - NCS provides life jackets/PFDs for all students, including off-island racers, but sometimes racers may prefer a more sleek-fitting PFD. Check out Annapolis Performance Sailing's website to find a jacket that your sailor likes. Many styles are available, but the PFD must be US Coast Guard Type III-approved.

**Whistle** - All sailors - especially those sailing more independently at regattas - should have a whistle attached to their life jacket for safety. Annapolis Performance Sailing sells whistles on their website, but they can also be found at West Marine or Olympia Sports.

**Sailing gloves** - Sailors who spend longer days on the water, and in windier conditions, often need sailing gloves to prevent blisters. West Marine and Annapolis Performance Sailing have great options on their website. Companies like West Marine, Gill and Harken make great "Junior Gloves" with 3/4 fingers.

**Spray Top** - Sailing in windier conditions can mean getting hit with a lot of spray. Spray tops are great for keeping sailors warm and dry. Gill and Henry Lloyd make great "junior dinghy/spray tops/smocks." These can be found on the West Marine or Annapolis Performance Sailing websites- generally under "Foul Weather Gear" or "Apparel." The top should be a pullover, allowing for a seal at the neck, and should also have seals at the wrists.

**Wicking/Synthetic/Non-cotton Apparel** - Sailors who are on the water all day should not be wearing cotton! Any long-sleeve- for sun protection- wicking top is great, especially under a spray top; it dries quickly and doesn't chafe when wet. These "technical shirts" or "rash guards" can be found on the Annapolis Performance Sailing website, but Under Armor shirts- often found at Olympia Sports or other sporting goods store – can be great too.

**Sunglasses** - Sailing on the water all day can damage eyes. All sailors- especially those competing in regattas- should wear eye protection. Sunglasses should always be polarized to reduce glare and should have croakies attached.

**Footwear** - Some sailors prefer to wear a more technical shoe as they become more competitive in the boat. Sailing shoes should always have a closed toe, dry quickly, and stay put. At the more advanced level, old sneakers and Crocs fail to meet these latter two requirements. Keens are great, and particularly for sailors in the 420, dinghy boots are great. Gill, Zhik and Ronstan make boots, all of which can be found on the Annapolis Performance Sailing website.

**Spray Pants** - 420 sailors, especially those sailing in the shoulder seasons, tend to wear spray pants along with their spray tops on colder days. These aren't really necessary for most of the summer sailing done on and around Nantucket, although more advanced 420 sailors may choose to buy a pair, for colder/rainy days on the water. Gill, Henry Lloyd and SLAM all make spray pants/salopettes/bibs – and websites like Annapolis Performance Sailing and Team One Newport are great resources.

**Watch** - Opti and 420 racers should have a digital stop watch when sailing off-island. This will allow them to set it according to the starting sequence to ensure they are at the start on-time. Any Timex (or other) digital watch will do!