



# ***One-Design Series 2023***

## ***Nantucket Yacht Club***


### **SAILING INSTRUCTIONS**



#### **1 RULES**

- 1.1 The One-Design Summer Series will be governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 1.2 NYC Policies and Protocols, and local Nantucket fleet rules as published on the official notice board will apply.
- 1.3 No paid member of the crew may take the helm at any time except to avoid collision or imminent danger.

#### **2 COMMUNICATIONS WITH COMPETITORS**

- 2.1 Notices to competitors will be posted on the official notice board located at:
  - Race Circle 1: <https://theclubspot.com/regatta/mvO45TDd7Q/#notice-board>
  - Race Circle 2: <https://theclubspot.com/regatta/ALlaaWhtUs/#notice-board>
  - Nantucket Yacht Club Website: <https://nantucketyachtclub.org/web/pages/one-design-racing>
  - Notices from the Official Notice Board will be posted on the Club Bulletin Board when appropriate and as a courtesy.
- 2.2 The Race Committee will post changes to the sailing instructions 2 hours prior to the affected event(s) when appropriate or within 15 minutes of the termination of any competitors' meeting.
- 2.3 On-the-water changes in the sailing instructions will be announced orally by the Race Committee prior to the first race in which they are to take effect.
- 2.4 The race committee will use VHF channel 73 on *Race Circle One*, and channel 74 on *Race Circle Two*, to communicate with competitors.
- 2.5 Except in an emergency, a boat that is racing shall neither make nor receive voice or data transmissions not available to all boats.
- 2.6 When flag Y  is displayed, prior to the warning signal, from the race committee signal vessel:
  - a) Rhodes-19s shall not use spinnakers.
  - b) PFDs (lifejackets) shall be worn by all competitors.
  - c) RRS 44.3 Scoring Penalty will be in effect, instead of RRS V1 (turns).

#### **3 SIGNALS MADE ASHORE**

Signals made ashore will be displayed from the flagpole. If a postponement is signaled ashore, '1 minute' is replaced by 'not less than 60 minutes' in Race Signal AP.

#### **4 SCHEDULE**



- 4.1 A competitors' meeting will be held at 1100 every Saturday, July 1st through September 2, 2023 .
- 4.2 The first warning signal will be at 1230 every race day on both *Race Circles*. Subsequent races each day will be held as soon as possible after the end of the previous race.
- 4.3 On Race Circle One, three races are scheduled each day. On Race Circle Two, five races are scheduled each day. The Race Committee may run additional races if time permits and a class is behind the scheduled number of races for the series.
- 4.4 No races will be held for classes with fewer than 2 boats.
- 4.5 For the first race, classes will start in the following order: Race Circle One - Alerion, Indian, then Rhodes 19. Race Circle Two - Marshall Cat 15, 12 ½ Class, then Rainbow.

## 5 RACING AREA

- 5.1 There will be two areas used each race day, called *Race Circle One* and *Race Circle Two*.
- 5.2 The racing area for each *Race Circle* will be one of the three Areas shown on Attachment C and will be announced at the competitors meeting every race day, and posted.

## 6 CLASS FLAGS

- 6.1 For the first race, classes will start in the following order using the flags indicated for each class:

Race Circle One	Flag
Alerion	
Indian	
Rhodes 19	

Race Circle Two	Flag
Marshall Cat 15	
Herreshoff 12 ½ Class	
Rainbow	

## 7 COURSES

- 7.1 The diagrams in Attachments A and B show the courses, including the approximate angles between legs and the order in which marks are to be passed.
- 7.2 On *Race Circle One*, no later than the warning signal, the race committee will designate the course configuration by a number on the course board followed by the marks to be rounded. See Attachment A. All marks listed are to be rounded to port (except course #6), unless signified by an "S" for a starboard rounding. The color of the posted letters has no meaning. A course without a number may also be posted with all rounding marks listed.
- 7.3 On *Race Circle One*, the letter "T" alongside the course number designates **twice around**.
- 7.4 On *Race Circle Two*, the course will be hailed from the race committee vessel. See Attachment B.
- 7.5 After *starting* and before *finishing*, the starting and finishing lines are *obstructions*, and boats are prohibited from sailing through them. Boats may not correct this error and will be disqualified without a hearing. This changes RRS 28 and A5. On *Race Circle One*, the starting line *obstruction* is defined by the small orange mark and the signal vessel. If the small orange mark is not in the water, then the small green mark applies.

## 8 MARKS

- 8.1 Marks on *Race Circle One* may be any of the marks described below:

Mark	Description
A	Red nun "2A" between First and Second Points
B	Red nun "2B" between First and Second Points
C	Green Can "13", off Brant Point
D	Red nun "2" near the entrance to Polpis Harbor
E	Red nun "2" off First Point
F	Red nun "6" off Third Point
G	Green inflatable drop mark
H	Red nun "6" off Jetties Beach
M	Red nun "4" off Second Point
O	Orange inflatable drop mark
P	Red nun "8" off Pocomo
X	Red & White bell buoy "NB" outside harbor entrance
Y	Yellow inflatable drop mark

- 8.2 On *Race Circle One*, the starting mark for Alerions will be a small orange inflatable mark. The starting mark for all other classes will be a small green inflatable mark. The green mark is not a part of the Alerion starting line.
- 8.3 The finishing mark will be a red ball.
- 8.4 All marks on *Race Circle Two* will be red balls.

## **9 THE START**

- 9.1 Races on *Race Circle One* will be started by using RRS 26.
- 9.2 Races on *Race Circle Two* will use the Audible-Signal Racing System of Appendix U. The Class Flag will be displayed before the start of the sequence until after the starting signal.
- 9.3 The starting line will be between an orange flag on the signal vessel and the course side of a nearby mark.
- 9.4 A boat that does not start within five minutes of her starting signal will be scored Did Not Start without a hearing and scored one more point than the number of boats that did start. This changes RRS A5.2.
- 9.5 The race committee will attempt to hail, over VHF and/or by voice, the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, and the order and timing of such hails, will not be considered an improper action or omission of the race committee under RRS 62.1(a).
- 9.6 Boats whose warning signal has not been made shall avoid the starting area.

## **10 CHANGE OF THE NEXT LEG OF THE COURSE**

- 10.1 To change the next leg of the course on *Race Circle One*, the race committee will move the original mark (or the finishing line) to a new position and signal all boats in accordance with RRS 33 before they begin the leg. The next mark need not be in position at that time.
- 10.2 On *Race Circle Two*, marks may be adjusted without signaling at the previous mark. This changes RRS 33.

## **11 THE FINISH**

The finishing line will be between a flag on a race committee vessel and the course side of a nearby mark.

## **12 PENALTY SYSTEM**

- 12.1 RRS Appendix V1 PENALTY AT THE TIME OF AN INCIDENT will be in effect.
- 12.2 When flag Y is on display prior to the warning signal from the race committee signal vessel, the Turns penalties of RRS V1 are replaced by the Scoring Penalty of RRS 44.3.

## **13 TIME LIMIT**

- 13.1 On *Race Circle One*, the time limit for each race will be 90 minutes for the first boat to sail the course and finish. The finishing window for boats to finish after the first boat sails the course and finishes is 30 minutes.
- 13.2 On *Race Circle Two*, the time limit for each race will be 60 minutes for the first boat to sail the course and finish. The finishing window for boats to finish after the first boat sails the course and finishes is 20 minutes.
- 13.3 Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored one more than the number of boats that finished within the finishing window. This changes RRS 35 and A5.1, A5.2, and A10.

## **14 PROTESTS**

- 14.1 Protest forms are available at the Protest Desk.
- 14.2 Protests shall be delivered to the Protest Desk within 45 minutes after the race committee finish vessel docks. The vessel docking time will be posted on the Official Notice Board. Hearings will be held promptly.

## **15 SCORING**

- 15.1 The Low Point System of Appendix A will be used for each day and each monthly series.
- 15.2 A boat that did not start, did not sail the course, did not finish, retired, or was TLE shall be scored points for the finishing place one more than the number of boats that finished. Boats that did not come to the starting area will be scored Did Not Compete (DNC). DNC will be scored two more points than the number of boats that finished. This changes A5.2.
- 15.3 A boat must compete in at least one race to be considered entered for the series.
- 15.4 No race will be excluded for daily prizes.
- 15.5 For each monthly series, one score will be excluded for every five races completed (20%).
- 15.6 After Nantucket Race Week, those two Saturday race days will be rescored for the August Series, removing boats not entered in the August Series.
- 15.7 Boats who miss racing while off-island representing the Nantucket Yacht Club in a qualification regatta for a US Sailing Championship will, upon request, receive scores for the races missed calculated as the average of their counted (non-throwout) races in the rest of that series.

## **16 SAFETY REGULATIONS**

- 16.1 Prior to the warning of her first race of each day, each boat shall check-in with, and be recognized by the signal boat race committee. Boats arriving late should check-in with any race committee vessel.
- 16.2 A boat that leaves the course area before the end of the last race shall notify the race committee as soon as possible.
- 16.3 All boats participating in the One-Design Series shall carry 8 lbs of anchor and chain and 50' of line, a 3 gallon (or larger) bucket and paddle. Participants are also reminded that the US Coast Guard requires a wearable PFD for all crew and an "efficient sound making device" (generally a whistle or air horn). Boats 16' or longer must also carry a Type IV throwable device.
- 16.4 Boats may be checked at any time for the safety equipment. Any boat found to be missing any required safety equipment will be disqualified from all races that day.

## **17 PRIZES**

- 17.1 Daily awards will be presented immediately after racing each day.
- 17.2 Series trophies will be presented at the end of each month.
- 17.3 Trophies will also be awarded for the 4<sup>th</sup> of July Series and the Labor Day Series.

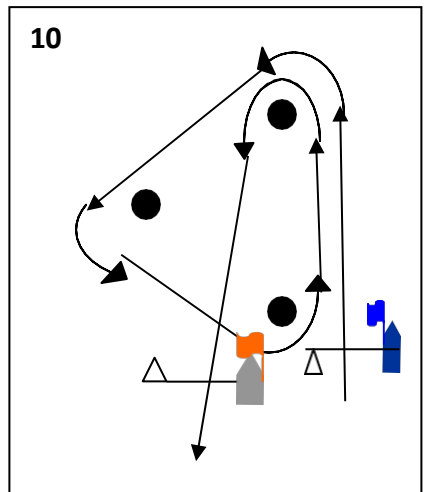
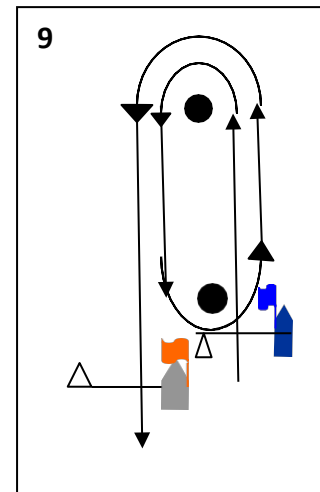
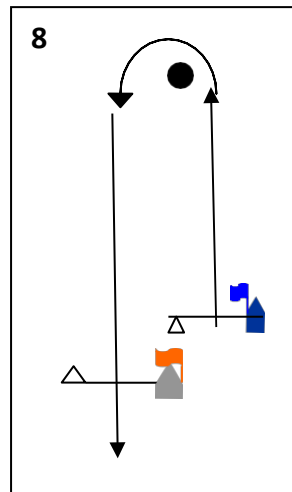
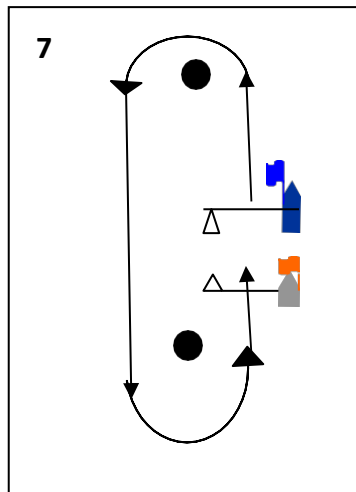
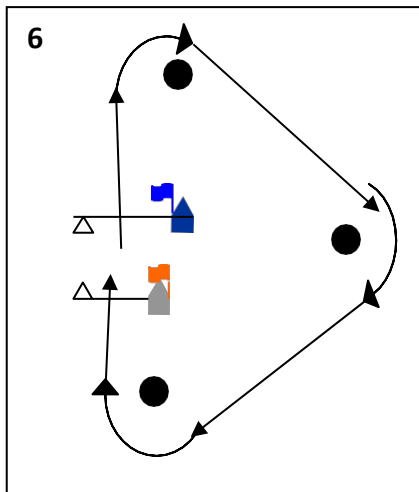
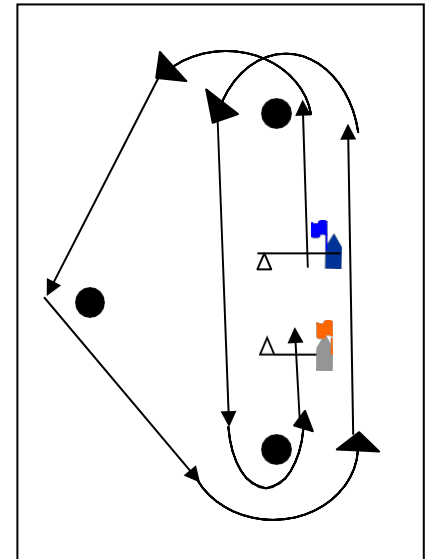
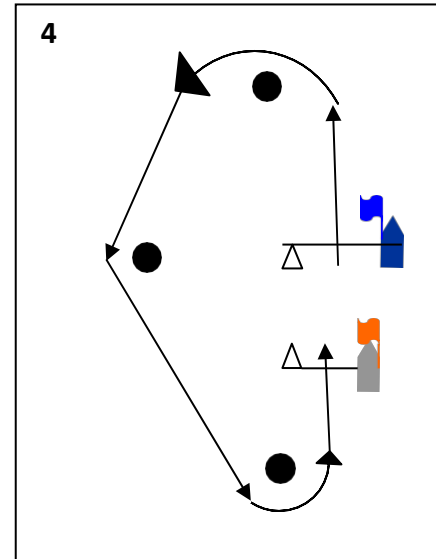
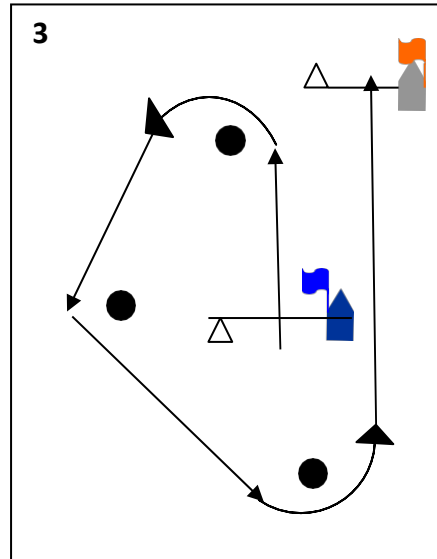
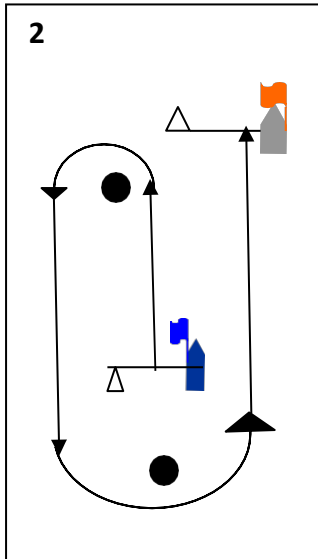
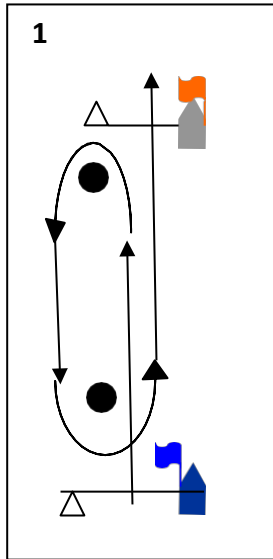
NANTUCKET YACHT CLUB

**ATTACHMENT A - ONE-DESIGN COURSES – RACE CIRCLE ONE**

Courses will be shown on the course board located near the stern of the NYC Signal Vessel

- 1 The letter “T” following the course number designates *twice around*
- 2 All marks are to PORT (except course #6) unless designated with an “S”  
*Unless start*

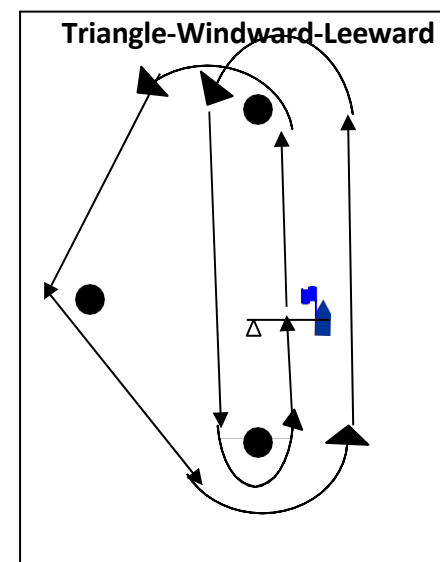
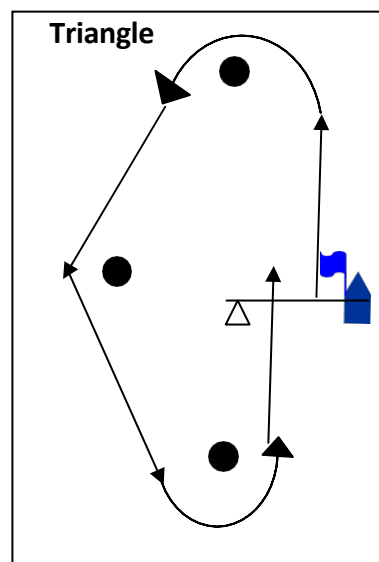
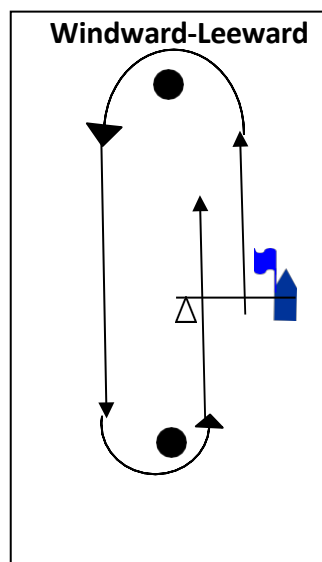
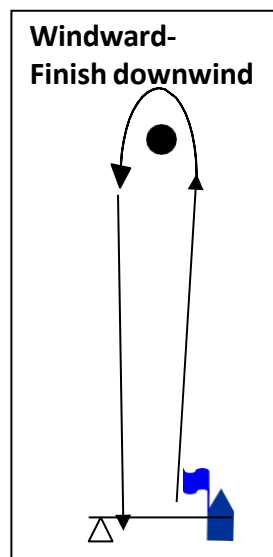
*ing or finishing, boats crossing the starting line or finishing line will be scored DSQ for that race*



## **ATTACHMENT B - ONE-DESIGN COURSES – RACE CIRCLE TWO**

Courses will be hailed from the signal vessel. Windward-Leeward or Triangle courses may be hailed as Twice-around.

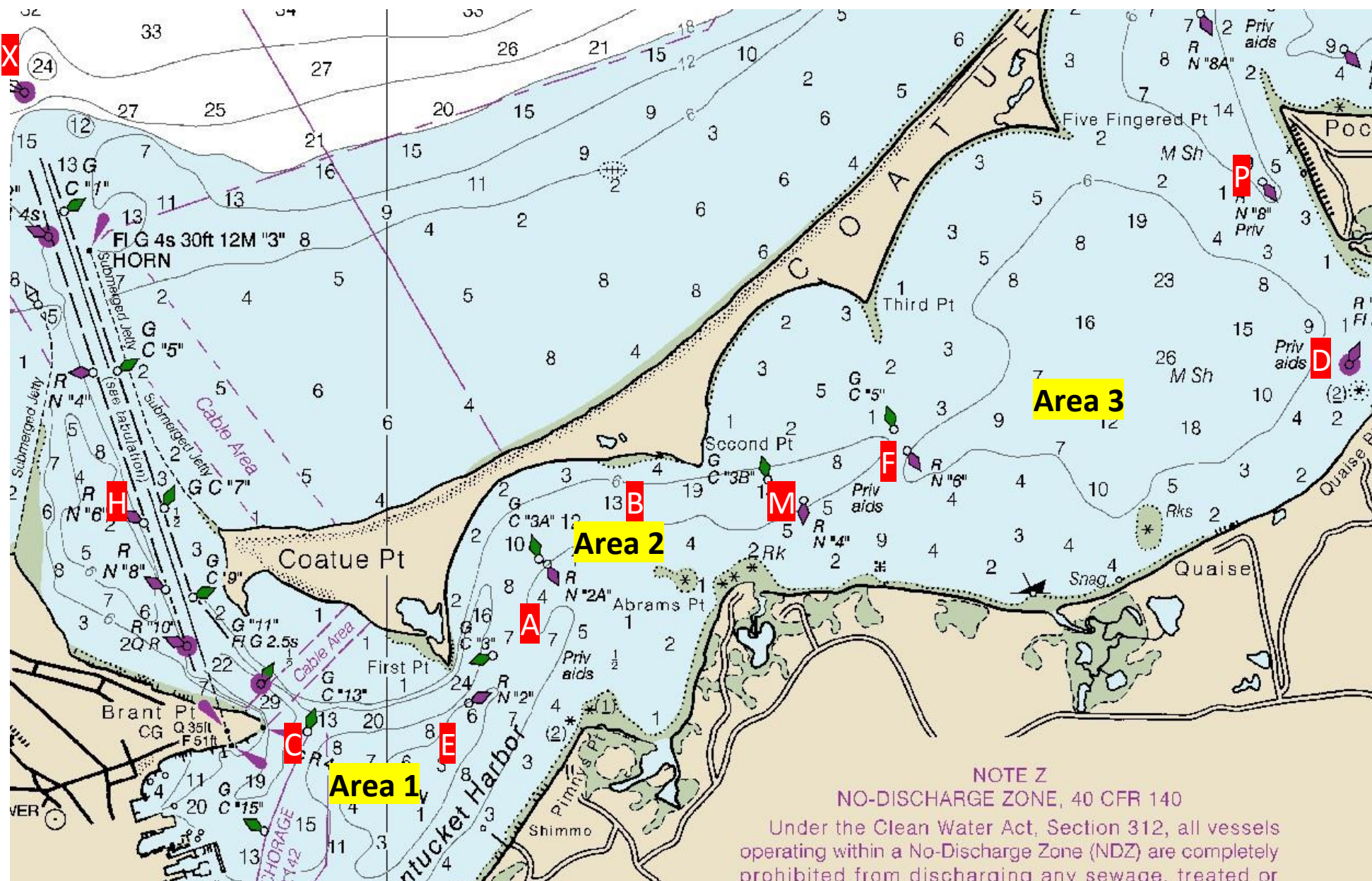
**Unless starting or finishing, boats crossing the starting line or finishing line will be scored DSQ for that race**





# NANTUCKET YACHT CLUB

## ATTACHMENT C – ONE-DESIGN COURSE AREAS AND FIXED MARKS



## Nantucket Yacht Club – Emergency Action Plan

1 South Beach Street, Nantucket MA, 02554 – (508) 228-1400 – NYC Monitors VHF 74

### Sat/Sun One Design Racing and All Offshore Racing ( PRF)

### Response to Emergency

1. Safety/Mark boat responds, assesses situation and reports to PRO and RC on Maushope
2. Maushope staff hails USCG on VHF 16 and awaits instructions from them.
  - a. **If Life Threatening, CALL 508.457.3214 (NOT 911)** – This dispatch center sends CG Boats from Brant Point, Helicopters for **CATASTROPHIC INCIDENTS** and EMS
3. Be prepared to provide “4 Ps”
  - a. *Position*: Give position of emergency with as much detail as possible
  - b. *People*: number of persons involved
  - c. *Problem*: type of emergency and condition of individuals involved
  - d. *PFDs*: Is the victim wearing one?
4. Monitor situation and administer First Aid/CPR.
  - a. Send someone to meet/direct Emergency Services at Brant Point CG Station
  - b. If it is safe to do so, begin transporting injured individual toward **EMS MEET POINT: BRANT POINT COAST GUARD STATION**
  - c. Send someone to meet/direct Emergency Services at Brant Point CG Station
5. Monitor situation and administer First Aid/CPR if needed while awaiting USCG.
6. Debrief and Inform Key People: Sailing Master Justin Assad



## Nantucket Yacht Club – Emergency Action Plan

1 South Beach Street, Nantucket MA, 02554 – (508) 228-1400 – NYC Monitors VHF 74

### Sat/Sun One Design Racing and All Offshore Racing ( PRF)

EMERGENCY CONTACT INFO	Phone	VHF
POLICE DEPARTMENT	911 / (508) 228-1212	
COTTAGE HOSPITAL	911 / (508) 825-8100	
Coast Guard (Brant Point)	(508) 228-0388	16
Harbormaster	(508) 228-7261	9 – info 14 - emergency
Nantucket Yacht Club	(508) 228-1400	Launch – 66 Racing - 72
NYC Sailing Office	(508) 228-1400 x 212	74
Justin Assad	(917) 846-6852	
Rebecca Vaughan	(917) 628-8424	
Nantucket Community Sailing	(508) 228-6600	67
Jetties Beach	(508) 228-5358	67
Great Harbor Yacht Club	(508) 325-5200	69
Hyline, Steamship, SeaStreak Ferries		13

### AED Locations – Nantucket YC and GHYC

**USGC Brant Point Station**

**NYC Clubhouse (Front desk)**

**Nantucket Boat Basin**

**NYC Race Committee Boat (*Maushope*)**

**All Town Lifeguarded Beaches**

**Town Dock/Harbormaster**

**GHYC Sailing Center, Launches, and Clubhouse**