

# 2023 Nantucket IOD Summer Series

Organizing Authority:



The Nantucket International One Design Fleet Association (NIODFA)  
and The Nantucket Yacht Club (NYC)

## SAILING INSTRUCTIONS

### 1 RULES

- 1.1 The IOD Summer Series will be governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 1.2 The Fleet Rules and Regulations of the Nantucket One Design Fleet Association (NIODFA) will apply.
- 1.3 The protest committee may impose penalties less than disqualification, for violations of the class rules and racing rules other than those of RRS Part 1 and Part 2. This changes RRS 64.2.
- 1.4 NYC Policies and Protocols as published on the official notice board will apply.

### 2 COMMUNICATIONS WITH COMPETITORS

- 1.1 Notices to competitors will be posted on the Official Notice Board located at <https://theclubspot.com/regatta/nN6s0bujdB/#notice-board> as well as linked on the NYC website. Notices will be posted on the club bulletin board as a courtesy.
- 2.1 Any changes to the sailing instructions will be posted at least 2 hours prior to the affected event(s) or within ½ hour of the termination of any competitors' meeting.
- 2.2 Boat rotations will be posted on the Official Notice Board.
- 2.3 The race committee will use VHF channel 73 to communicate with competitors.
- 2.4 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 2.5 When flag Y  is displayed, prior to the warning signal, from the race committee signal vessel:
  - a) Spinnakers shall not be used for that race.
  - b) PFDs (lifejackets) shall be worn by all competitors.
  - c) RRS 44.3 Scoring Penalty will be in effect, instead of RRS V1 (turns).
  - d) The provisions of this SI may be rescinded by display of flag O , with sound signals, at a mark of the course.
  - e) This changes Rule 40.

### 3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed from the flagpole.
- 3.2 If a postponement is signaled ashore, '1 minute' is replaced by 'not less than 60 minutes' in Race Signal AP.

### 4 SCHEDULE

- 4.1 A competitors' meeting will be held at 1100 on every race day.
- 4.2 The first warning signal is scheduled for 1300. This will not change for Race Week.
- 4.3 Racing may begin prior to 1300 if all participating boats check in as "ready to race."
- 4.4 Three races are scheduled every race day. If behind schedule for the Series, a fourth race may be sailed if conditions are very favorable.
- 4.5 No races will be started after 1600.

### 5 CLASS FLAG

The class flag will be:



### 6 RACING AREAS

- 6.1 Attachment 1 shows the location of racing areas.
- 6.2 The initial racing area will be announced at the competitor's meeting.

## **7 COURSES**

The diagrams in Attachment 2 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

## **8 MARKS**

- 8.1 Marks 1, 1a, 2P and 2S will be orange inflatable tetrahedrons.
- 8.2 The starting and finishing marks will be a yellow inflatable tetrahedron and a race committee vessel.

## **9 THE START AND FINISH**

- 9.1 Before the warning signal, the race committee will display the approximate compass bearing to the first mark, the approximate distance to the first mark, and the course identifying number. This information will also be broadcast over VHF.
- 9.2 Races will be started using RRS 26 with a 1 minute attention signal.
- 9.3 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark
- 9.4 Boats may not start more than 10 minutes after the starting signal.
- 9.5 The race committee will attempt to hail the sail numbers of OCS boats after the starting signal, over VHF. The failure of the race committee to hail, or of any boat to hear the hail and the order of such hails will not be considered an improper action or omission of the race committee under rule 62.1(a).
- 9.6 The finish line will be between a staff with a flag on a race committee vessel and the course side of a nearby mark.

## **10 CHANGE OF THE NEXT LEG OF THE COURSE**

- 10.1 The race committee may, without signal, make minor adjustments to change in the direction of a leg, adjust the length of leg, or adjust the angle or width of the leeward gate, provided that no boat is sailing to the mark.

## **11 PENALTY SYSTEM**

### **11.1 RRS Appendix V1 PENALTY AT THE TIME OF AN INCIDENT**

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while *racing*. However, when she may have broken one or more rules of Part while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.'

## **12 TIME LIMIT**

The time limit for the first boat to sail the course and finish is 90 minutes.

## **13 PROTESTS AND REDRESS**

- 13.1 Arbitration with respect to Appendix T may be available dependent on the availability of judges.
- 13.2 RRS 62.1 (redress) is changed by adding:  
physical damage not falling within RRS 62.1(b) which was due to defective supplied equipment and which a reasonably competent crew would not have been able to avoid or promptly repair.
- 13.3 Protest forms are available at the Protest Desk.
- 13.4 Protests shall be delivered to the Protest Desk within 45 minutes after the race committee finish vessel docks. The vessel docking time and a list of protests received will be posted on the Official Notice Board. Hearings will be held promptly.
- 13.5 Competitors are requested to advise the Race Committee of any protests after each race to facilitate assembling a Protest Committee ashore following racing.

## **14 SCORING**

- 14.1 The Low Point Scoring System of Appendix A will be used for each day and series.
- 14.2 A boat must compete in at least one race to be considered entered for the series.
- 14.3 For each monthly series, one score will be excluded for every four races completed.
- 14.4 The Qualifier Series will include all races sailed and be scored separately from the monthly series. One score will be excluded for every four races completed.

- 14.5 Teams who miss racing while off-island representing Nantucket Yacht Club in a qualification regatta for a US Sailing Championship or representing the NIODFA at an official IOD championship (including the World Championship or North American Invitational) will receive, upon request, scores for the races missed calculated as the average of their counted (non-throwout) races in the rest of that series.

## **15 BOATS AND EQUIPMENT**

- 15.1 The boats shall not be modified in any way except as follows:
- (a) A compass may be tied or taped to the hull or spars.
  - (b) Wind indicators may be tied or taped anywhere on the boat.
  - (c) Hulls (above the waterline only), decks, sails and equipment may be cleaned only with non-abrasive materials.
  - (d) Adhesive tape may be used anywhere above the waterline except on brightwork.
  - (e) All fittings or equipment designed to be adjusted in accordance with Class Rules may be adjusted within the limits provided, except that shrouds, fore-stay and mast chocks shall not be adjusted.
- 15.2 Prohibited actions:
- (a) The shrouds, above the turnbuckles (bottle screws), may not be used to project crew weight.
  - (b) No holes may be made in sailcloth to permit the attachment of telltales.
  - (c) Cross winching of sheets.
  - (d) Competitors may not change purchase to any of the boat's running rigging.
  - (e) No marks should be made on the boats with pencils, markers or grease pencils, except that they shall be completely washable, leaving no trace of their use. Only non-residue tape may be used.
  - (f) The hulls may not be scrubbed, washed, wet-sanded or otherwise treated below the waterline.
- 15.3 All equipment provided with the boat shall be on the boat when racing.
- 15.4 The penalty for not complying with the above instructions will be disqualification from all races from which the instruction was broken.

## **16 BREAKDOWNS**

- 16.1 A boat requesting redress for a breakdown before or after a race shall drop its jib, move away from other boats and contact the race committee immediately.
- 16.2 If the breakdown occurs during a race, the boat must finish the race if possible, provided that further damage will not likely be incurred.
- 16.3 The boat shall return to the starting area and stand by the committee vessel while executing her repairs. When repairs are completed the skipper shall then verbally advise the PRO that she is ready to race.
- 16.4 If a boat incurs a breakdown through no fault of the team sailing her, that team may file for redress in accordance with SI 1.4 and RRS 62.

## **17 SAFETY REGULATIONS**

- 17.1 All boats are requested to check-in as "ready to race" with the race committee before the start of the first race each day by sailing past the signal boat on starboard tack and hailing their sail number and receiving confirmation from the race committee.
- 17.2 A boat that leaves the course area before the end of the last race shall notify the race committee as soon as possible.
- 17.3 Boats are requested to hail with sufficient time to respond in all close quarters situations and should not assume nearby boat(s) are aware of their presence and intentions. Examples include port/starboard, mark-room and windward/leeward.

## **18 DAMAGES, REPORTS, AND PENALTIES**

- 18.1 The questions of damages arising from a breach of any rule shall be governed by the US Sailing prescription to RRS 67. Damage to boats while not racing shall be the responsibility of the at-fault skipper. The at-fault skipper must pay damages determined by NIODFA to NIODFA pending any appeal of a decision of the protest committee.
- 18.2 If no protest is filed because the at-fault boat retired or accepted a penalty pursuant to the rules, they shall be held responsible for any damage from an incident. If damage occurs as a result of an incident between boats, and neither boat delivers a valid protest, then the boats involved in the incident shall be held equally responsible.
- 18.3 If damage that caused a boat to be withdrawn from the rotation has been attributed to a team by the protest committee, then that team shall not compete in any further races until the damaged boat or a replacement boat

becomes available. That team will be scored DNC for all missed races.

- 18.4 If the damage that caused a boat to be withdrawn from the rotation was not completely and accurately reported on a damage report, the last team to use the damaged boat shall not compete in any further races until the damaged boat or a replacement boat becomes available. That team will be scored DNC for all missed races.
- 18.5 Damage Report forms are available at the Protest Desk. After each day's sailing, each skipper shall complete an accurate damage report, including all contact, however minor, and return it, by the end of protest time, to the Protest Desk. Failure to meet this requirement may result in a penalty at the discretion of the protest committee, up to and including disqualification from one or more races. This changes RRS 63.1.

## **19 RADIO COMMUNICATIONS**

- 19.1 The race committee will monitor VHF channel 73 for emergency transmissions.
- 19.2 Except in an emergency, a boat that is racing shall neither make nor receive voice or data communications not available to all boats.
- 19.3 Boats may monitor VHF channel 73, but are advised that any race committee communications are unofficial, and made either for race management purposes or as a courtesy to the competitors. As such, the race committee's use, or lack thereof, of radio communications shall not be grounds for redress.

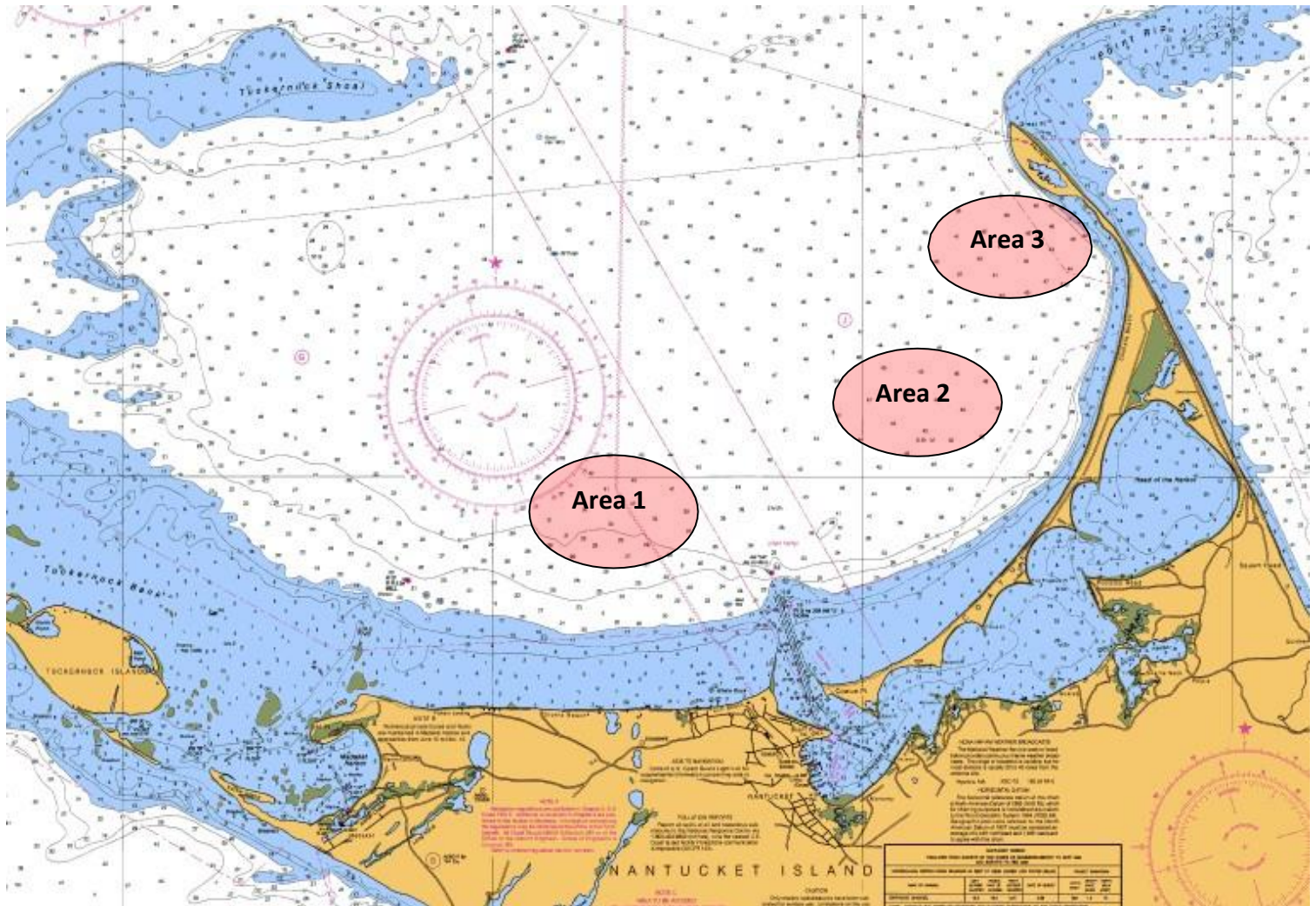
## **20 PRIZES**

- 20.1 Daily awards will be presented immediately after racing each day.
- 20.2 On August 14, only Nantucket Race Week prizes will be awarded.
- 20.3 Series trophies will be presented at the end of each month.
- 20.4 Trophies will also be awarded for the 4<sup>th</sup> of July Series, the Labor Day Series, and the overall trophy for the Qualifier Series.

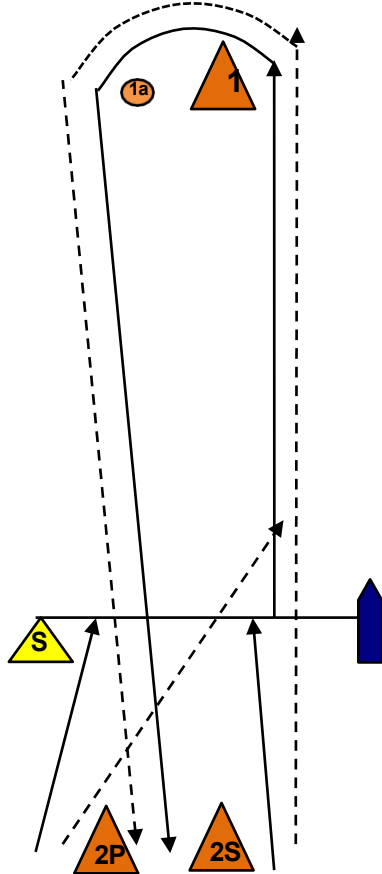
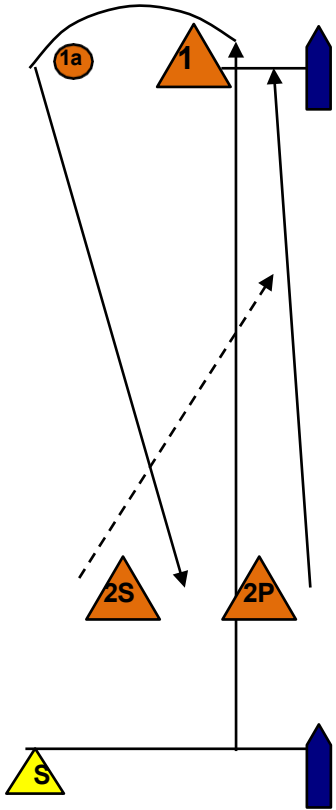
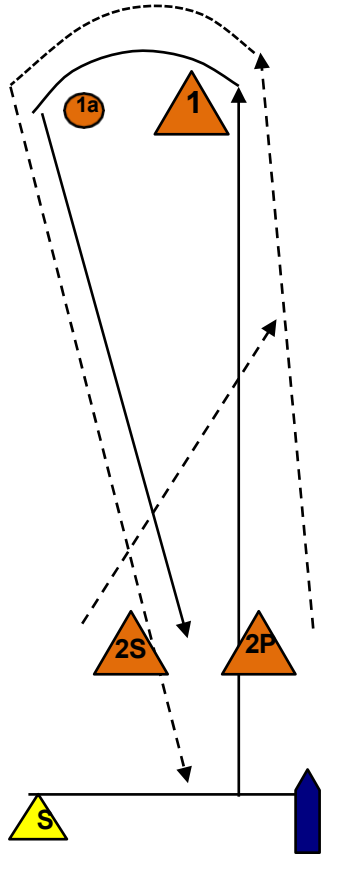
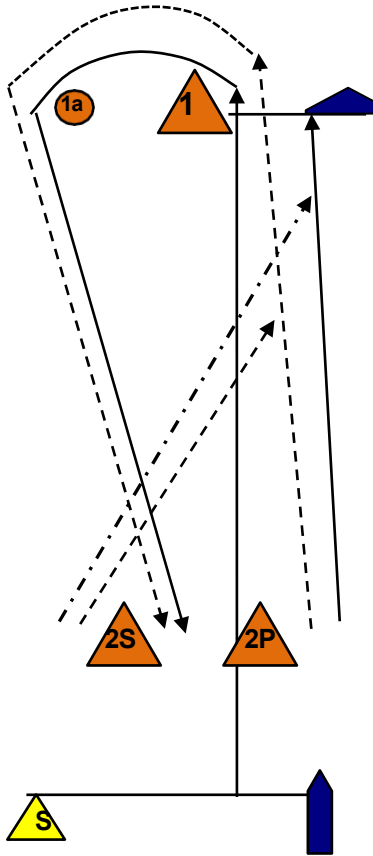
## **21 DISCLAIMER OF LIABILITY**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See rule 4, Decision to Race. The race organizers (the Nantucket Yacht Club, NIODFA, Race Committee, Protest Committee, Technical Committee, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any person sustained as a result of participation in the IOD summer series. By participating in the IOD summer series, each competitor (owners, skippers, crews, and support persons) agrees to release the race organizers from any and all liability associated with such competitor's participation in the IOD summer series to the fullest extent permitted by law.

## Attachment 1 – Racing Areas



## Attachment 2 – Courses

Courses 1 and 2	Course 3	Course 4	Course 5
			
<p><b>Course 1:</b> Start, 1 (port), 1a (port), between 2S and 2P, finish</p> <p><b>Course 2:</b> Start, 1 (port), 1a (port), between 2S and 2P, 1(port), 1a (port), between 2S and 2P, finish</p>	<p>Start, 1 (port) 1a (port), between 2S and 2P, finish at 1</p>	<p>Start, 1 (port), 1a (port), between 2S and 2P, 1(port), 1a (port), finish</p>	<p>Start, 1 (port), 1a (port), between 2S and 2P, 1 (port), 1a (port), between 2S and 2P, finish at 1</p>
<p>In courses 1 and 2 the Start/Finish line is not restricted</p>			
<p>If only one leeward mark is present, it shall be rounded to port.</p>			

## Nantucket Yacht Club – Emergency Action Plan

1 South Beach Street, Nantucket MA, 02554 – (508) 228-1400 – NYC Monitors VHF 74

### Sat/Sun One Design Racing and All Offshore Racing ( PRF)

### Response to Emergency

1. Safety/Mark boat responds, assesses situation and reports to PRO and RC on Maushope
2. Maushope staff hails USCG on VHF 16 and awaits instructions from them.
  - a. **If Life Threatening, CALL 508.457.3214 (NOT 911)** – This dispatch center sends CG Boats from Brant Point, Helicopters for **CATASTROPHIC INCIDENTS** and EMS
3. Be prepared to provide “4 Ps”
  - a. *Position*: Give position of emergency with as much detail as possible
  - b. *People*: number of persons involved
  - c. *Problem*: type of emergency and condition of individuals involved
  - d. *PFDs*: Is the victim wearing one?
4. Monitor situation and administer First Aid/CPR.
  - a. Send someone to meet/direct Emergency Services at Brant Point CG Station
  - b. If it is safe to do so, begin transporting injured individual toward **EMS MEET POINT: BRANT POINT COAST GUARD STATION**
  - c. Send someone to meet/direct Emergency Services at Brant Point CG Station
5. Monitor situation and administer First Aid/CPR if needed while awaiting USCG.
6. Debrief and Inform Key People: Sailing Master Justin Assad



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### Sat/Sun One Design Racing and All Offshore Racing ( PRF)

EMERGENCY CONTACT INFO	Phone	VHF
POLICE DEPARTMENT	911 / (508) 228-1212	
COTTAGE HOSPITAL	911 / (508) 825-8100	
Coast Guard (Brant Point)	(508) 228-0388	16
Harbormaster	(508) 228-7261	9 – info 14 - emergency
Nantucket Yacht Club	(508) 228-1400	Launch – 66 Racing - 72
NYC Sailing Office	(508) 228-1400 x 212	74
Justin Assad	(917) 846-6852	
Rebecca Vaughan	(917) 628-8424	
Nantucket Community Sailing	(508) 228-6600	67
Jetties Beach	(508) 228-5358	67
Great Harbor Yacht Club	(508) 325-5200	69
Hyline, Steamship, SeaStreak Ferries		13

### AED Locations – Nantucket YC and GHYC

**USGC Brant Point Station**

**NYC Clubhouse (Front desk)**

**Nantucket Boat Basin**

**NYC Race Committee Boat (*Maushope*)**

**All Town Lifeguarded Beaches**

**Town Dock/Harbormaster**

**GHYC Sailing Center, Launches, and Clubhouse**